

STI/RTI SYNDROMIC CASE MANAGEMENT

Urethral Discharge	Cervical Discharge	Painful Scrotal Swelling	Vaginal Discharge	Genital Ulcer-Non Herpetic	Genital Ulcer - Herpetic	Lower Abdominal Pain (LAP)	Inguinal Bubo (IB)	
<ul style="list-style-type: none"> Urethral Discharge (Pus or muco-purulent) Pain or burning while passing urine Increased frequency of urination Systemic symptoms like malaise, fever 	<ul style="list-style-type: none"> Nature and type of discharge (quantity, color and odor) Burning while passing urine, increased frequency Genital complaints by sexual partners Low backache <i>(Take menstrual history to rule out pregnancy)</i> 	<ul style="list-style-type: none"> Swelling and pain in the scrotal region Pain or burning while passing urine Systemic symptoms like malaise, fever History of urethral discharge 	<ul style="list-style-type: none"> Nature and type of discharge (quantity, color and odor) Burning while passing urine, increased frequency Genital complaints by sexual partners Low backache <i>(Take menstrual history to rule out pregnancy)</i> 	<ul style="list-style-type: none"> Genital ulcer, single or multiple, painful or painless Burning sensation in the genital area Enlarged lymph nodes 	<ul style="list-style-type: none"> Genital ulcer or vesicles, single or multiple, painful, recurrent Burning sensation in the genital area 	<ul style="list-style-type: none"> Lower Abdominal Pain Fever Vaginal Discharge Menstrual irregularities like heavy, irregular vaginal bleeding Dysmenorrhoea, dyspareunia, dysuria, tenesmus Lower backache Cervical motion tenderness 	<ul style="list-style-type: none"> Swelling in inguinal region which may be painful Preceding history of genital ulcer or discharge Systemic symptoms like malaise, fever etc 	
Tab. Azithromycin 1 gm OD Stat + Tab. Cefixime 400 mg OD Stat KIT 1/Grey 	Tab. Azithromycin 1 gm OD Stat + Tab. Cefixime 400 mg OD Stat KIT 1/Grey 	Tab. Azithromycin 1 gm OD Stat + Tab. Cefixime 400 mg OD Stat KIT 1/Grey 	Tab. Secnidazole 2 g OD Stat + Cap. Fluconazole 150 mg OD Stat KIT 2/Green 	Inj. Benzathine penicillin (2.4 MU) - 1 vial Tab. Azithromycin (1 gm) - Single dose KIT 3/White 	If allergic to Inj. Penicillin: Doxycycline 100 MG (Bid for 15 days) Azithromycin 1GM (Single dose) KIT 4/Blue 	Tab. Acyclovir 400 mg TDS for 7 days KIT 5/Red 	Tab. Cefixime 400 mg OD stat + Tab. Metronidazole 400 mg BD X 14 days + Doxycycline 100 mg BD X 14 days Kit 6/Yellow 	Tab. Azithromycin 1 gm OD Stat + Tab. Doxycycline 100 mg BD for 21 days Kit 7/Black 
Treat all recent partners	Treat partners when symptomatic	Treat all recent partners	Treat partners when symptomatic	Treat all sexual partners for past 3 months	Treat all sexual partners for past 3 months	No partner treatment	Treat male partners with Kit 1	Treat all sexual partners for past 3 weeks

IMPORTANT CONSIDERATIONS FOR MANAGEMENT OF ALL STI/RTI

- Educate and counsel client and sexual partner/s regarding STI/RTI, safer sex practices and importance of taking complete treatment
- Treat partner/s
- Advise sexual abstinence or condom use during the course of treatment
- Provide condoms, educate about correct and consistent use
- Refer all patients to ICTC
- Follow up after 7 days for all STI, 3rd, 7th, and 14th day for LAP and 7th, 14th, and 21st day for IB
- If symptoms persist, assess whether it is due to re-infection and advise prompt referral
- Consider immunization against Hepatitis B



National AIDS Control Organisation

India's voice against AIDS

