

PROGRAM SCHEDULE

Training Schedule for the 8--day Integrated Induction Training for HIV Counsellors

Session No	Session Name	Duration	Time
Day1			
	Introduction, Ice Breakers, Pre training evaluation	30 min	9:00-10:00
Session A	Orientation to the Training Programme	1 hr 30 min	10:00-11:30
	Tea		11:30-11:45
1	Basics of HIV/AIDS and HIV Diagnosis	1hr 45 min	11:45-1:30
	Lunch		1:30-2:00
2	National AIDS Control Programmme Updates	1 hr	2:00-3:00
	Tea		3:00-3:15
3	Counsellor's Self-Awareness, Attitudes, Values, and Ethics in HIV Counselling	3 hrs	3:15-6:15
	Discussion on case studies by groups for session 9 (Understanding Vulnerability of HRGs and BPs)		Evening group activity
Day 2			
	Recap	15 min	9:00-9:15
4	Social Drivers of the HIV Epidemic: Gender, Sex, Sexuality, Violence, Migration	4 hrs	9:15-1:15(with working tea)
	Lunch		1:15-1:45
5	Understanding marginalisation, vulnerability, stigma and discrimination in the context of HIV/AIDS	2 hrs	1:45-3:45
	Tea		3:45-4:00
6	Understanding vulnerability and risks of High Risk Groups (Core groups and Bridge Population)	2 hrs 15 min	4:00-6:15
	Screening of movie 'Queen' or 'Astitva' or any other movie in the context of gender		Evening movie time
Day3			
	Recap	15 min	9:00-9:15
7	Enhancing Counsellor Competence	3hrs 30 min	9:15-12:45(with working tea)
	Lunch		12:45-1:15
8	Body Basics and Family Planning	1 hr	1:15-2:15
9	Basics of STI/RTIs	1 hr	2:15-3:15
	Tea		3:15-3:30
10	STI syndromic management counselling	2 hrs 30 min	3:30-6:00
	Screening of movie 'Aa Muskura'		Evening movie time

Day4			
	Recap	15 min	9:00-9:15
11	Basics of PPTCT and programme guidelines	2 hrs 45 min	9:15-12:00(with working tea)
12	Basics of HIV-TB co-infection and Programmatic Linkages	2 hrs	12:00-2:00
	Lunch		2:00-2:30
	Field Visit to (co-located)ICTC, ART, STI centre and debriefing	4 hrs 15 min	2:30-6:15
*(can be utilised to watch films, undertake assignments)			
Day5			
	Recap	15 min	9:00-9:15
13	Pre test and Post test counseling	3 hrs 30 min	9:15-12:45(with working tea)
	Lunch		12:45-1:15
14	Behaviour Change Communication and Condom Demonstration	2 hrs	1:15-3:15(with working tea)
15	Managing Mental Health Issues in the Context of HIV	3 hrs	3:15-6:15
	Practice assignment on Counselling with Sero discordant Couples. Ask the participants to plan and prepare for the breakfast session to be conducted two days later.		6:15-7:15/Evening
Day 6			
	Recap	15 min	9:00-9:15
16	Counselling Children and Adolescents	2 hrs 30 min	9:15-11:45
17	Counselling Sero-discordant Couples	2 hrs	11:45-1:45
	Lunch		1:45-2:15
18	Basics of Antiretroviral Therapy	1 hr 30 min	2:15-3:45
	Tea		3:45-4:00
19	Counselling for ART adherence and treatment including paediatric ART	4 hrs	4:00-8:00
Day 7			
	Breakfast and Activity 'Kaun Banega Sanjeev Kapoor'	1 hr	8:00-9:00
	Recap	15 mins	9:00-9:15
20	Nutrition in the context of HIV/AIDS	1 hr	9:15-10:15(with working tea)
21	Linkages for effective counselling	2 hrs 20 mins	10:15-12:25
	Lunch		12:25-1:00
22	Post Exposure Prophylaxis(PEP) and Universal Precautions #	1 hr	1:00-2:00
23	SIMS	4 hrs	2:00-6:00(with working tea)

Day 8			
	Recap	15 mins	09.00-09.15
	Tea		9:15-9:30
23 cont.	M& E tools (ICTC/ART/STI)	3 hrs	9.30-12.30
	Lunch		01:00-02.00
24	Tobacco Cessation Training	1 hrs	2:00-03:00
	Post training evaluation (Valedictory)	45 mins	3:00- 03.45